Stay Home. Socially Distance.
Stay Connected.

Children's Mental Health Support
1-800-969-HELP(4357)
Text DE to the number 741741

Report Child Abuse or Neglect
Hotline: 1-800-292-9582
Report online at iseethesigns.org

You can find a support network to help 24/7. Remember, always call 9-1-1 in emergencies.